



# EMPLOYEE PROSPECTUS

**A FANCY WAY OF SAYING  
"ALL YOU NEED TO KNOW  
ABOUT WORKING HERE"**

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**2023**

[www.sarabalmer.com.au/jointheteam](http://www.sarabalmer.com.au/jointheteam)



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**Sara Balmer**

*Director/Psychologist*

# Your personal **Invitation**

**Registered Psychologist  
Paediatric Psychology practice.**

**Join us. Learn with us. Love your work!**

Here's your personal invitation to join our small and mighty team. Are you looking for a permanent position where you feel at home and part of a friendly environment?

Do you want to join a vibrant, collaborative, growing team?

Hours of work: Starting at 24 hours per week, moving to full-time.





# What We're All About

Our practice is renowned for providing a caring approach and great outcomes for children and young people. We want to build a great team of professionals who love to work with a whole-hearted collaborative approach within the team and with other professionals. Together we are passionate about working towards new, innovative and exciting ways to help our clients.

Our practice has an excellent reputation of providing remarkable outcomes for children and families. We are well-known locally, as evidenced by our very long wait-list. Children and young people love to come to our welcoming space, with young clients so often running in the door, looking forward to their session.





# Meet Our Team



We are a small but mighty team of dedicated professionals.

# More about Our Team



## Sara Balmer

*Director/Registered Psychologist*

*B Soc Sci (Psych) (Hons), CSU.  
BA (Psych) Dip Ed (Special Ed),  
Macquarie Uni*

**Sara Balmer** is the Founding Director and works full-time, has a hands-on role in the practice and is readily available to support the team. Sara has 15 years experience working as a Psychologist in the public, sector, private sector and with NGO's. She has extensive clinical experience in many evidence-based interventions including:

- Cognitive Behaviour Therapy,
- Eye Movement Desensitization and Reprocessing (EMDR),
- Play therapy and other creative therapies.
- Motivational Interviewing,
- Acceptance and Commitment Therapy,
- Mindfulness-Based Cognitive treatments and
- Counselling for children and adolescents.
- Symbols and Sand tray methods and other non-directive approaches
- NDIS-endorsed Behaviour Support Practitioner.

**So that your career progresses from strength to strength, your role will have the benefit of regular scheduled clinical supervision with Sara.**



# More about Our Team



## Anthony Nguyen

*Psychologist Intern*

*BA (Psych) (Hons), Murdoch Uni  
B Sci (Psych), Macquarie Uni*

**Anthony Nguyen** has such a calm and fun way of working with children and adolescents. He is experienced in behaviour therapies, CBT and play-based therapies. Anthony has recently researched and launched an exciting new project, using Minecraft as a platform for face-to-face and telehealth sessions to build social and emotional skills in children on the Autism Spectrum. Children who were resistant to attending therapy are now so excited to work with Anthony using Minecraft. Anthony is a valued member of our team and provides great collegial support. He loves learning and is always researching new evidence-based ways to work with our clients.

"I feel that my contributions, opinions and concerns on matters are genuinely valued. The workplace itself is a supportive, comfortable and warm environment that allows the opportunity for positive growth as a practitioner in the field of psychology."  
Anthony Nguyen





# More about Our Team



## James Mackay

*Administrative Assistant  
IT Leader*

**James Mackay** is our friendly Admin and IT Leader. He is very approachable and super helpful. James has the knack to solve every problem. The clients love him and the boys and girls like to talk to him about computers, gaming, the fish in our waiting room, anything really!

**So that you can do what you do best, James is an invaluable and willing administrative support person for our clinical team.**



"Working at Sara Balmer Psychology for Kids has helped me grow in professionalism and how to communicate well with clients."

James Mackay



# About

## The Position

1

This is an opportunity to work with an experienced Psychologist working in a number of modalities (including CBT, counselling, EMDR and trauma-informed treatments, Neurofeedback, positive behaviour support, play therapy and other non-directive approaches).

2

You will be working as a Psychologist in a small NDIS-registered Psychology practice. You will be working with children and adolescents (ages 2 ½ to 18 years), teachers and parents to provide support and address a variety of psychological concerns. You will be providing psychological therapies as well as psychological assessments.

3

Flexible hours are negotiable for the right person whilst considering the needs of our clients. You will be coached to work with a wide variety of clients and clinical support will be readily available.



## What we **Offer**

Working in a warm and friendly **team environment** with **extensive resources**

Regular **peer review/supervision** from a hands-on practice leader to **accelerate your skills**

**Interesting** and **challenging** work with a **variety** of clients and ages

**Leave** and time for **professional development**, recreation and **balance**

Above the award wages, so you're **well remunerated** for your valuable work



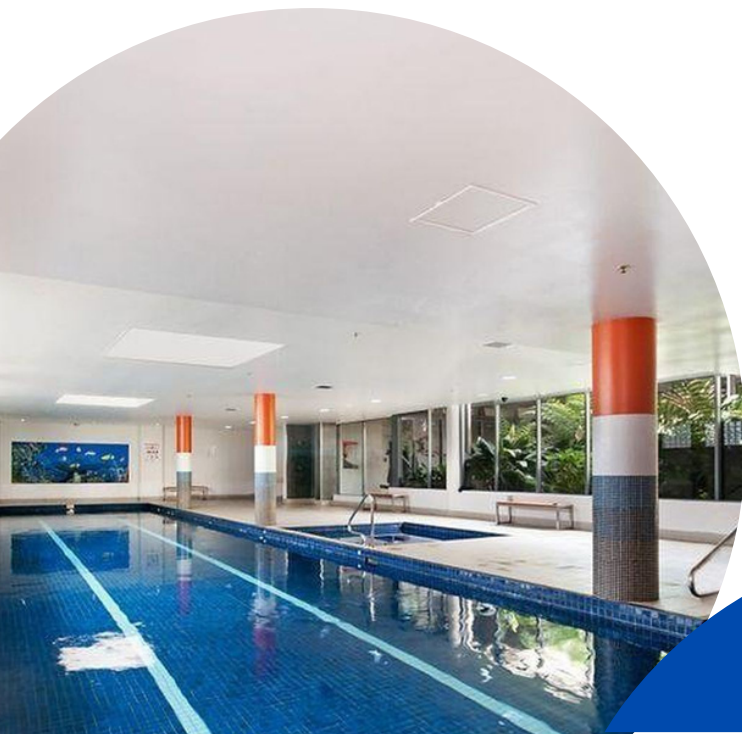


## What we **Offer**

Ability to work a mix of in-office and remote work (telehealth) to give flexibility in how you work  
Working in a **modern** secure building **5 minutes' walk to Hornsby railway station** and **3 minutes' walk to Westfield** shopping centre, for easy access to all the essentials

Access to a **clean** and modern on-site **pool, gym, spa and sauna**, so before and after-work exercise is free and super convenient

Safe and secure, **airconditioned beautiful rooms** which are a pleasure to work in.





# To be Successful

**1**

A Registered Psychologist with a current Working With Children Check

**2**

Proven experience in evidence based psychological therapies (such as CBT, motivational interviewing, mindfulness, play-based therapies, positive behaviour support). Let us know your preferred modalities in how you work with your clients.

**3**

Experienced in working with people with disabilities in the capacity of providing psychological therapies and/or Positive Behaviour Support or a willingness to learn

**4**

Proven competence in administering and interpreting psychometric measures, such as WISC-V, WIAT-III, SB-V, etc. or a willingness to brush up or learn.

**5**

Understanding of the NDIS environment and requirements of therapists or a willingness to learn





*We're an amazing team!  
You're going to love working with us.  
We'd love to hear from you.*

## Our **Contact**

Please upload your cover letter and Resume or email to:



[admin@sarabalmer.com.au](mailto:admin@sarabalmer.com.au)

Find out more about us at:



[www.sarabalmer.com.au/jointheteam](http://www.sarabalmer.com.au/jointheteam)